St Benedict's Parish Arcadia





PENTECOST SUNDAY YEAR C

7 & 8 JUNE 2025

PARISH MASS TIMES

Weekends:

Saturday 7:00pm Vigil Sunday 9:00am Sunday 10:30am

Weekdays:

Mondays to Thursdays 9:30am

Fridays 6:30pm Adoration 7:00pm Mass & Confession (Reconciliation)

Saturdays 9:00am to 10:00am Adoration & Confession (Reconciliation)

MONASTERY CHAPEL Masses

Sundays 7:00am Daily 7:00am

Please contact Father Shansana or Parish Office for the following:

Baptisms Reconciliation For the Sick Marriages Funerals

Parish Priest: Fr Shansana 0437 884 233 Fr Eugene 0499 548 521 Parish Office 9653 2312



ENTRANCE PROCESSION

The Spirit of the Lord has filled the whole world and that which contains all things understands what is said, alleluia.

COLLECT

O God, who by the mystery of today's great feast sanctify your whole Church in every people and nation, pour out, we pray, the gifts of the Holy Spirit across the face of the earth and, with the divine grace that was at work when the Gospel was first proclaimed, fill now once more the hearts of believers. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever. Amen.

SELF REFLECTION: OBEDIENCE

This Sunday's Gospel, **John 14:15–16, 23–26**: These verses remind me that loving Jesus means living by His teachings. I'm comforted knowing the Holy Spirit is always with me—guiding, teaching, and helping me remember God's truth. It's a call to deeper love, obedience, and trust in His presence.

I ask myself:

- Do I show my love for Jesus by keeping His commandments?
- How do I invite the Holy Spirit into my daily life?
- In what ways do I experience God's presence and peace?
- Am I open to the Spirit's guidance and teaching?
- How can I better live out Jesus' words today?

Spirit Comforter Truth Peace

Lord Jesus.

help me to love You by living Your words each day. Fill me with the Holy Spirit to guide, teach, and strengthen me. May Your presence bring peace to my heart and lead me closer to You. Amen.

PENTECOST SUNDAY

First Reading: *Acts 2:1-11 (JB)* A reading from the Acts of the Apostles

They were all filled with the Holy Spirit, and began to speak different languages.

When Pentecost day came round, the apostles had all met in one room, when suddenly they heard what sounded like a powerful wind from heaven, the noise of which filled the entire house in which they were sitting; and something appeared to them that seemed like tongues of fire; these separated and came to rest on the head of each of them. They were all filled with the Holy Spirit, and began to speak foreign languages as the Spirit gave them the gift of speech.

Now there were devout men living in Jerusalem from every nation under heaven, and at this sound they all assembled, each one bewildered to hear these men speaking his own language. They were amazed and astonished. 'Surely' they said 'all these men speaking are Galileans? How does it happen that each of us hears them in his own native language? Parthians, Medes and Elamites; people from Mesopotamia, Judaea and Cappadocia, Pontus and Asia, Phrygia and Pamphylia, Egypt and the parts of Libya round Cyrene; as well as visitors from Rome - Jews and proselytes alike - Cretans and Arabs; we hear them preaching in our own language about the marvels of God.'

The word of the Lord. Thanks be to God.

Responsorial Psalm:

R. Lord send out your Spirit, and renew the face of the earth.

Second Reading: Romans 8:8-17 (Year C) (JB)
A reading from the letter of St Paul to the Romans
Everyone moved by the Spirit is a son of God.

People who are interested only in unspiritual things can never be pleasing to God. Your interests, however, are not in the unspiritual, but in the spiritual, since the Spirit of God has made his home in you. In fact, unless you possessed the Spirit of Christ you would not belong to him. Though your body may be dead it is because of sin, but if Christ is in you then your spirit is life itself because you have been justified; and if the Spirit of him who raised Jesus from the dead is living in you, then he who raised Jesus from the dead will give life to your own mortal bodies through his Spirit living in you.

So then, my brothers, there is no necessity for us to obey our unspiritual selves or to live unspiritual lives. If you do live in that way, you are doomed to die; but if by the Spirit you put an end to the misdeeds of the body you will live.

Everyone moved by the Spirit is a son of God. The spirit you received is not the spirit of slaves bringing fear into your lives again; it is the spirit of sons, and it makes us cry out, 'Abba, Father!' The Spirit himself and our spirit bear witness that we are children of God. And if we are children we are heirs as well: heirs of God and coheirs with Christ, sharing his sufferings so as to share his glory.

The word of the Lord. Thanks be to God.

Gospel Acclamation

Alleluia, alleluia! Come, Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Alleluia!

GOSPEL John 14:15-16, 23-26 (JB)

A reading from the holy Gospel according to John *The Holy Spirit will teach you everything.*

Jesus said to his disciples

'If you love me you will keep my commandments.

I shall ask the Father and he will give you another Advocate to be with you for ever.

'If anyone loves me he will keep my word, and my Father will love him, and we shall come to him and make our home with him. Those who do not love me do not keep my words. And my word is not my own; it is the word of the one who sent me. I have said these things to you while still with you; but the Advocate, the Holy Spirit, whom the Father will send in my name, will teach you everything and remind you of all I have said to you.'

The Gospel of the Lord.
Praise to you, Lord Jesus Christ.



GOSPEL REFLECTION Sunday, June 8 Pentecost

Acts 2:1-11 / Psalm 104:1, 24, 29-31, 34 / Romans 8:8-17 / John 14:15-16, 23-26

They were all filled with the Holy Spirit. (Acts 2:4)

Today's readings seem like a study in contrasts, don't they? In the first reading, St. Luke gives a dramatic account of today's feast of Pentecost: a rushing wind, mysterious tongues of flame, prophetic declarations, and a vast crowd hanging on Peter's every word. But in the Gospel, St. John paints a quieter, more intimate picture. He tells how Jesus appeared to the apostles privately on Easter, breathed his Spirit into them, and sent them out to forgive, just as his Father had sent him to forgive.

So does the Spirit inspire great excitement and grand gestures, or quiet acts of mercy? Both. It's not a matter of either/or; it's both/and. When Jesus breathed the Spirit into the apostles, he showed them the reason for his death and resurrection: to win forgiveness for their sins and for the sins of all the world. Then when the Spirit came rushing into them on Pentecost, he filled them with the power to proclaim that mercy far and wide.

This is the key to our celebration today: we need to experience both the mercy and the power of the Holy Spirit. We need to know, intimately and personally, just how forgiving God is. We need to know that nothing, not even the greatest of sins, can overcome the love that he has for us. But we also need to experience the powerful rush of his Spirit filling us with confidence in God's love. That love can propel us into the world to share the good news with everyone we meet.

Today, more than any other day, is a great day to ask for a fresh new outpouring of the Spirit. Ask the Spirit to flood you with a personal encounter with God's mercy. Then ask the same Spirit to give you the courage to proclaim that mercy far and wide.

"Come, Holy Spirit! Fill me and empower me!"

Source: Word Among Us India

WEEKDAY LITURGICAL READINGS

JUNE 2025

Monday 9: Gen 3:9-15, 20. Jn 19:25-34.

R. Of you are told glorious things, O city of God!

The Blessed Virgin Mary, Mother of the Church

Tuesday 10: 2 Cor 1:18-22. Mt 5:13-16.

R. Lord, let your face shine on me.

Wednesday 11: Acts 11:21-26, 13:1-3. Mt 10:7-13.

R. The Lord has revealed to the nations his saving power.

St Barnabas, apostle

Thursday 12: 2 Cor 3:15-4:1, 3-6. Mt 5:20-26.

R. The glory of the Lord will dwell in our land.

Friday 13: 2 Cor 4:7-15. Mt 5:27-32.

R. To you, Lord, I will offer a sacrifice of praise.

St Anthony of Padua, priest, doctor.

Saturday 14: 2 Cor 5:14-21. Mt 5:33-37.

R. The Lord is kind and merciful.



Source: Ordo 2025



POPE LEO XIV 8 MAY 2025 Pope Leo XIV prayer intention for June 2025:

"Let us pray that each one of us might find consolation in a personal relationship with Jesus, and from his heart, learn to have compassion on the world."

HOLY COMMUNION CEREMONY

WILL BE HELD ON SUNDAY 22ND JUNE 10.30AM

In this Holy Jubilee Year, our hope is to connect to the mission of Jesus Christ each day.

Please support our upcoming

Pastoral Works May 2025 Appeal









Your gift to MAY 2025 APPEAL is tax-deductible. Donate via QR Code or at www.bbcatholic.org.au/pastoralworks



'HOPE ON THE HORIZON'

Divine Renovation and Alpha are hosting a moment to celebrate the parishes, leaders, and communities boldly stepping into renewal. At this global event, Cardinal Pablo Virgilio "Ambo" Siongco David (Philippines) and Bishop Michael Gielen (New Zealand) will share how evangelization and missionfocused leadership are transforming parishes today. You'll hear powerful testimonies from priests, lay leaders, and young adults who have seen their parishes come alive. And through worship and prayer led by Matt Maher, we'll refocus our hearts on Christ, The source of all renewal.

Time: 10am online Date: Thursday 3 July Register: events@divinerenovation.org

RITE OF CONFIRMATION FOR ADULTS (RCIA)

9.30am Mass Sunday 8 June 2025 Our Lady of the Rosary Cathedral

Please remember in your prayers our Adult Candidates receiving the Sacrament of Confirmation on Pentecost Sunday.

VOLUNTEER OF THE WEEK!

This week volunteer of the week nomination goes to:



MIRKO JUTRISA

A heartfelt thank you to Mirko Jutrisa, for his generous support in assisting Glenice Lui with the church grant application process.

Mirko's help with preparing reports, gathering quotes, and offering his time and expertise played a key role in the successful submission of the grant. Thanks to the combined efforts of both Mirko and Glenice, the grant has been approved—a fantastic outcome that will greatly benefit our parish.

The funding will go toward improving our security systems, lighting, and other essential upgrades, making our church a safer and more welcoming place for all.

We truly appreciate your contribution, Mirko. Thank you, and God bless you always!

ST ANTHONY'S FEAST DAY **BLESSING OF THE BREAD**

Join us on Tuesday, 17th June at the 9:30 AM Mass as we celebrate the Feast of St. Anthony of Padua with the traditional Blessing of the Bread.



The Blessing of the Bread is a beautiful tradition rooted in St. Anthony's deep care for the poor and hungry. It recalls a miracle attributed to his intercession, where food was multiplied to feed those in need.

Blessed bread is shared as a symbol of charity, hope, and God's providence-reminding us to care for others, especially those who are struggling.

All are welcome to attend this special celebration and to take home some blessed bread as a sign of St. Anthony's protection and God's generous love.

In Our Parish

(please let us know if you would like someone added here)

We welcome into God's family, all who were recently baptised.

We pray for the sick of our Parish, especially Bruce Shankland, Charlie Micallef, Brother Mario, and Father Alberic.

We remember in our prayers all our dearly beloved who have died:

Joseph El-Chaar, His Holiness POPE FRANCIS, Marilyn Deguara (George Arcella's mother in law). Domenico Fusca. Pellegrino Vaccarella. Najm Azzi. Waffa Moussa. Carmel Russo. Margaret McKinley, Joe Guiana, Vanessa Papandrea, Biagio Abignano, Phil Dailey, Brother Peter Hancock, Brother Terry, Colleen Bennett & Helen Facione. ~ May they rest in Peace.



PARISH ACTIVITIES

Calling All Children and Families!

We invite all children and families who are interested in getting involved in upcoming parish activities and children Masses to reach out!

If your child would like to participate, please **send an** email to the parish office with the child's name and a contact number.

We look forward to welcoming more young faces into our parish life!

AUSTRALIAN CATHOLIC YOUTH FESTIVAL MELBOURNE

Diocese of Broken Bay Pilgrimage Sat 29 Nov – Wed 3 Dec

Calling all young people in Broken Bay. Join us in Melbourne, along with young Catholics from across Australia for a renewed, personal encounter with Jesus, at the 2025 Australian Catholic Youth Festival (ACYF). Flights, accommodation and registration \$1,630 per person. Limited opportunity for \$500 subsidy. To register your interest: click here.

DIOCESE OF BROKEN BAY PILGRIMAGE

SAT 29 NOV- WED 3 DEC FLIGHTS + 4 NIGHTS ACCOMODATION + REGO

\$1,630 PER PERSON, INCL GST

Limited opportunity for \$500 subsidy Reducing cost to \$1,130







CATECHISTS' NEWS

Free training being provided by the CCD -

- Due to the King's Birthday, the next Ministry Induction training for new Catechists will be on Monday 16 June at 6:15-8:30pm via Zoom. This topic will be 'Classroom Management'.
- Training during the July school holidays for all fully authorised Catechists - the topic will be 'Teaching Discipleship in the 21stCentury, Australia via Zoom and face-to-face. Various dates have been provided, please contact me if interested.
- Skills in the Classroom training for all Catechists on Tuesday 22 July 6:15pm – 8:30pm via Zoom on 'Prayer in the Classroom'

RSVP registrations@bbcatholic.org.au

Please keep our parish Catechists and the students that they teach, in prayer. If you are interested in knowing more about becoming a Catechist or helper, please contact me or the parish office or one of our priests.

God bless,

Miriam Brown srearcadia@gmail.com

Parish Catechist Co-ordinator

PIETY SHOP NEWS

We invite you to take a moment to explore our Piety Shop, It offers a wonderful selection of items to support and enrich your spiritual life, including: Religious gifts for sacraments like Baptism, First Communion, and Confirmation. Rosaries, prayer cards, and medals Bibles, missals, and spiritual books for adults and children.

Come and see what's new!

ST BENEDICT'S YOUTH GROUP

JOIN THE YOUTH GROUP!

Fridays SCHOOL TERM

Time: 4:00 PM - 5:30 PM

Ages: 8-12 years old



If you are aged 14-16 and would like to help out, please email the parish office.

All our youth leaders have Working With Children Checks. Thank you, Gabe & Jules!

ST BENEDICT'S MAKER'S TABLE

At our June workshop, we learnt the beautiful craft of crocheting squares and Remembrance Day poppies.



Our next workshop Wednesday, 2nd July 2025 7.30-9.30pm in the Parish meeting room

themakerstablesydney@gmail.com RSVP Martine 0458 533 250 / Nerida 0425-834-017

ITALIAN ROSARY GROUP

Every Monday 2.00pm. Everyone welcome.

For more details call

Angela Egiziano on 9652 1358.

CCC PRAYER GROUP

Prayer meeting held every Wednesday morning: after 9.30am Mass. Come and meet new people and have a cuppa! For more details call Mary Camilleri on 0403 116 987.

CRAFT GROUP

The quilting and craft group will meet every 4th Tuesday of the month at 10.30am in the parish meeting room.

Bring your craft and come and join us!



SAINT OF THE WEEK

Saint Barnabas the Apostle

Feast Day: June 11
Early First Century-c. 61

Patron Saint of Cyprus, Antioch, and peacekeeping missions

Invoked against hailstorms

Saint Barnabas, originally named Joseph and a Jew of the tribe of Levi, was born on the isle of Cyprus (see <u>Acts 4:36</u>). Joseph followed Jesus during his public ministry and might have been one of the seventy-two disciples whom Jesus sent out on a mission (see <u>Luke 10:1–24</u>). Barnabas' first mention in the New Testament appears when he "sold a piece of property that he owned, then brought the money and put it at the feet of the apostles" (<u>Acts 4:37</u>). The Apostles changed Joseph's name to Barnabas, which means "son of encouragement." After Saint Paul had converted to Christianity and spent three years fasting and praying in Arabia, he traveled to Jerusalem. The Apostles hesitated to receive him, but Barnabas brought Paul to them. Paul recounted his story before returning to his hometown of Tarsus. During that time, a Christian community grew among the Gentiles in Antioch in Syria. After the Apostles sent Barbabas to Antioch, he found St. Paul in Tarsus and brought him to Antioch to help preach the Good News.

After a year in Antioch, Paul and Barnabas returned to Jerusalem, bringing money from the Antioch Christians to aid those suffering from famine. When they returned to Antioch, the Holy Spirit revealed to the Christian community that Paul and Barnabas were to be "set apart" for a special mission. The two were ordained as bishops and sent forth on a mission, bringing with them Barnabas' relative, John Mark, the Gospel writer. Over the next year, they traveled to Seleucia, Cyprus, Salamis, Paphos, Perga of Pamphylia, Antioch of Pisidia, Lystra, Derbe, Iconium, and back to Antioch, Syria. They won many converts but also encountered opposition, including a failed attempt to stone Paul. The two returned to Jerusalem to help settle disputes about Gentile converts before being sent on another mission. Before the second journey, Barnabas and Paul disagreed about whether to include John Mark, who had left them while in Pamphylia. Unable to agree, Barnabas and John Mark went to Cyprus, while Paul took Silas with him to Syria and Cilicia.

Nothing else is known for certain about Barnabas' missionary activity with John Mark in Cyprus. Paul's first letter to the Corinthians and his letter to the Colossians indicate that he and Barnabas maintained their friendship; Paul even mentioned John Mark affectionately in a later epistle.

According to a fifth-century tradition, Barnabas was preaching the Gospel around the year 61 and was arrested, dragged out of the city, and either burned or stoned. Another legend holds that in 478, Saint Barnabas appeared to the Archbishop of Cyprus and revealed his burial site to him. Archbishop Anthemios found Saint Barnabas' body incorrupt, holding the Gospel of Matthew. The Roman emperor erected a church at the site and buried Saint Barnabas there. The church was later lost to history, but excavations uncovered what people believed to be Saint Barnabas' tomb. Saint Barnabas is the patron saint of Cyprus because he was the first missionary bishop on that island.

Saint Barnabas, you listened to the Gospel from Christ Himself, witnessed His miracles, and allowed His saving message to transform your life. You spent the rest of your life preaching the Good News and saving many souls. Please pray that I will dedicate my life to the mission to which I am called. Saint Barnabas, pray for me. Jesus, I trust in You.

Source: mycatholic.life



JUBILEE OF ECCLESIAL MOVEMENTS, **ASSOCIATIONS AND NEW COMMUNITIES 7-8 JUNE**

The Jubilee of Ecclesial Movements. Associations and New Communities will invite members of ecclesial movements and prayer groups to participate in a celebration of their shared mission.

CATHOLIC EVANGELISATION LEADERS GATHERING 9 July 2025

An invitation is extended to all who work and serve in evangelisation to gather for Mass, lunch and shared conversation and facilitation on topics as evangelisation inputs, workshops, fellowship, wisdom walks and building a new vision

Time: 12.30pm Mass in the Chapel of the Caroline Chisholm Centre, Pennant Hills followed by lunch and gathering.

Date: Wednesday 9 July

Email: mission@bbcatholic.org.au

Book Now

Terms & Conditions apply - contact johanne@ettravel.com.au for more details Single supplement available upon request. Land only price available. Price subject to availability and currency fluctuations.

INTRODUCTION TO PASTORAL CARE

Volunteer Catholic Extraordinary Ministers of Holy Communion visit hospitals throughout the Diocese of Broken Bay providing comfort and care to Catholic patients. Our Diocese and NSW Health require that 40 hours of training is completed to perform this important role. The Introduction to Pastoral Care Course (IPCC) meets this requirement, is FREE and is open to those who already volunteer in a hospital context, or in local health and aged care facilities, and to those who might be deciding if they are suited to this ministry.

As well as being prepared by your Parish to be an Extraordinary Minister of Holy Communion, some of the key qualities we are looking for in anyone who may be considering being part of this hospital ministry are:

- A genuine prayerful faith life including reverence for and regular participation in Sunday Eucharist
- An ability to listen and a willingness to refer on when necessary
- A warm, friendly, empathetic disposition
- The ability to relate to people of different ages, personalities and backgrounds
- A respect for others and their diversity
- The ability to work as part of a team
- Enthusiasm, motivation and professionalism
- A compassionate heart

*Please note that this role is not suitable for those seeking to proselytise.

The course will be offered on five consecutive Wednesdays: July 2,9,16,23 and 30 between 9:00am and 3:00 pm at CatholicCare Central Coast Family Centre (10/10 Pioneer Avenue, Tuggerah). Morning tea and lunch will be provided.

Please speak to your Parish Priest for more information about the course and how to apply, or contact Peter Brown, Practice Manager Hospital Chaplaincy and Pastoral Care, CatholicCare Diocese of Broken Bay on 0418 616 602.

Parish Roster

PLEASE JOIN US FOR MORNING TEA AFTER THE 9AM MASS

NEXT WEEKEND'S ROSTER

14/6/2025 to 15/6/2025 THE MOST HOLY TRINITY - YEAR C

	SATURDAY	SUNDAY	SUNDAY
	7.00pm	9.00am	10.30am
Acolyte		Paul E	
Reader1	Sr Carol T	Azzi family	Gabrielle W
Reader2	Miriam B	Judy H	John Family
Prayers	Natasha S	Teresa G	Sharon O
TV		Mary A	Trey O
Music		Karina S	Gregorian
Music		John T	Choir
Music		Noelle T	
Music			
Morning Tea		Teresa G	
FLOWERS	Angela S		



Thank you to all our wonderful volunteers, we really appreciate it!

ACKNOWLEDGMENT

We acknowledge the Traditional Owners of country throughout Australia and recognise their continuing connection to land, waters and culture. We pay our respects to their Elders past, present and emerging.

SAFEGUARDING MISSION STATEMENT

We the people of St Benedict's Parish are committed to fostering a community of safety and care for all people, especially for children and others in the community who are vulnerable. Our commitment is underscored by our faith in Jesus Christ.

If you have a concern for the safety and wellbeing of a child, young person or vulnerable adult, tell someone who can help. These people in our parish can help: Fr Shansana 0437 884 233 - Lorraine Dailey 0416 081 882 - Office for Safeguarding 8379 1605.

For all parish OH&S and Safeguarding Children matters Contact: Lorraine Dailey on 0416 081 882.

MONASTERY CHAPEL

Liturgy of the Hours

"Seven times a day I will praise you"

Psalm 119:164

The liturgy of the hours is a set of prayers (psalms, hymns, readings and other prayers). It is recited in the Monastery Chapel daily at the following times:

5.45am Office of Readings6.30am Morning prayer - Lauds12.45pm Midday prayer

6.00pm Evening prayer - Vespers **8.00pm** Night prayer - Compline

ALL are welcome to attend any time.

SACRAMENTAL PROGRAM NOTICE

FIRST HOLY COMMUNION UPDATE

Our Holy Communion preparation has now come to a joyful close. After weeks of learning, praying, and growing in faith, our children are ready to receive Jesus in the Eucharist for the very first time. With hearts full of excitement and gratitude, we now wait patiently for the special day:

June 22nd - Sunday at 10:30 a.m.

when they will meet Jesus in a most beautiful and sacred way.

Let us keep them in our prayers as they take this important step in their journey of faith.

NEXT SACRAMENTAL PROGRAM ENROLMENTS NOW OPEN

Enrolments for the next Sacramental Program are now open. Forms will be distributed through public schools in the coming weeks.

For children not attending public schools, please contact the parish office or collect a form from the Church Sacristy or email:

arcadia.parish@bbcatholic.org.au

DID YOU KNOW...

Universities where invented by the Catholic church

Parish office hours:

Mondays & Fridays: 9.30am to 2.30pm (School holidays only open Fridays)

Parish Office: 02 9653 2312

Address: 2 Fagans Road, Arcadia 2159
Email: arcadia.parish@bbcatholic.org.au
Website: www.bbcatholic.org.au/arcadia

Parish Priest: Fr Shansana Samarasinghe OSB Email: sanshanasamarasinghe@yahoo.com

After hours: 0437 884 233

Facebook: stbenedictsarcadia





MONASTERY: 02 9653 1159

121 Arcadia Rd, Arcadia 2159

PARISH BANK DETAILS for ONLINE only donations:

BSB: 062 784 Account: 100002141

Account Name: Catholic Parish of Arcadia Bank:

CBA—Catholic Development Fund